

Fill out an Emergency Plan Card for each person in your family and keep it in a wallet or purse and make a copy for your grab-n-go bucket.

## Your Emergency Plan



Keep this card in your wallet or purse.

My Name \_\_\_\_\_

My Address \_\_\_\_\_

### DOCTOR AND MEDICAL INFORMATION

Doctor \_\_\_\_\_

Phone \_\_\_\_\_

1. Medication \_\_\_\_\_ Dosage \_\_\_\_\_

Pharmacy \_\_\_\_\_ Rx # \_\_\_\_\_

2. Medication \_\_\_\_\_ Dosage \_\_\_\_\_

Pharmacy \_\_\_\_\_ Rx # \_\_\_\_\_

3. Medication \_\_\_\_\_ Dosage \_\_\_\_\_

Pharmacy \_\_\_\_\_ Rx # \_\_\_\_\_

Allergic to \_\_\_\_\_

### EMERGENCY PLAN

Primary Contact \_\_\_\_\_

Phone \_\_\_\_\_

Text # \_\_\_\_\_

Primary Meeting Place \_\_\_\_\_

Secondary Meeting Place \_\_\_\_\_

Out-of-Area Contact \_\_\_\_\_

Out-of-Area Phone \_\_\_\_\_

Out-of-Area Text # \_\_\_\_\_

## 4. Carry Your Emergency Plan Card with Out-of-Area Contact.

Use the card to your left so you will have all your important information with you at all times. This is an essential step in being prepared for a disaster.

**Important note:** Choose an Out-of-Area Contact Person for your family who is far enough away that they won't be impacted by the same disaster.

## 5. Sign up for alerts.



Pierce County ALERT is an emergency notification system designed to alert residents and businesses in Pierce County of emergency events and other important notices.

Don't miss out. Opt-in to Pierce County ALERT today. The easiest method is to visit the Pierce County website at [www.piercewa.org](http://www.piercewa.org). Click the Pierce County ALERT button located on the website homepage.

**Have questions?  
Call: 253.798.6595**

**For updated information during an emergency go to:  
[www.piercecountywa.org/DEM](http://www.piercecountywa.org/DEM)**



For more information, visit:  
[www.piercecountywa.org/DEM](http://www.piercecountywa.org/DEM)  
Or call: 253.798.6595

Visit us on Facebook:  
[www.facebook.com/PierceCountyDEM](http://www.facebook.com/PierceCountyDEM)

Follow us on Twitter:  
[www.twitter.com/PierceCo](http://www.twitter.com/PierceCo)

# THE BUCKET LIST EVERYONE BENEFITS FROM.

Follow this 5-step plan now so you can act fast and respond quickly.

Keep essential supplies in an easy grab-n-go container.

Store it near an exit door in your home or in the trunk of your car.



# PREPARE YOUR EMERGENCY KIT NOW.

Fill out an Emergency Plan Card for each person in your family and keep it in a wallet or purse and make a copy for your grab-n-go bucket.



Be prepared. **Plan for 7 days or more** before outside help arrives after a major disaster. Your 7-day Emergency Kit should include a Grab-N-Go Bucket for evacuations.

## 1. Have your Grab-N-Go Bucket ready.

For a quick evacuation, store the following supplies (for 1-2 days) in a 5-gallon bucket with lid or other container such as a back pack.

- A flashlight, radio w/extra batteries
- Water and non-perishable food
- Bandages and a first aid kit
- Extra supply of medications
- Moist towelettes and hand cleaners
- Toothbrush/paste, soap, towel
- Toilet paper
- Special family needs (diapers, feminine hygiene items, etc.)
- Emergency poncho and blanket
- A local map
- Family documents, including drivers license, insurance information, out-of-area contact; stored in a zip-lock bag
- Photos of family members and pets for re-unification
- Set of keys to your home and car
- Whistle, dust mask
- Games and toys
- Change of clothes
- Multipurpose pocket knife & duct tape
- Tarp
- Large plastic trash bags

## 2. Include these additional supplies to complete your 7-Day Emergency Kit.

- Water—one gallon per person per day, stored in sturdy plastic containers such as sodapop bottles, not milk cartons
- Extra clothes, sturdy shoes and rain gear for each family member
- Non-perishable food you like to eat
- Manual can opener and eating utensils
- First aid handbook and more supplies
- Additional hand sanitizers and towelettes
- More toilet paper
- Backup supply of special equipment (i.e. hearing-aid batteries or oxygen tanks)
- Unscented bleach for water purification (8 drops/2-liter bottle)
- Blankets and/or sleeping bags
- Tool kit: wrenches, crowbar, bungee cords, rope & heavy duty work gloves, dust mask
- Extra plastic sheeting and duct tape
- Extra large plastic trash bags

### For your pets:

- Food and water
- Leash, crate, other pet supplies
- Copy of pet records

### Nice to have (follow safety instructions):

- Tents and/or additional tarps
- Cooking stove and fuel
- Portable heater
- Generator

### Store in containers such as:

- Large plastic garbage can on wheels
- A tote or other container

### Keep in a convenient location:

- A shed or in back yard
- A closet near an outside door

### Also, for your car:

- Extra clothes, sturdy shoes, and warm hats and gloves (seasonal gear)
- Extra food and water
- Automobile emergency equipment such as jumper cables, flashlight, flares, and “HELP” signs
- Shovel and kitty litter or sand
- **Keep gas tank at least half full at all times!**

## 3. Know what to do in a disaster.

- In earthquakes: **Drop, Cover, & Hold!**
- Check for injuries and give first aid.
- Only call 9-1-1 for serious injuries or life threatening situations
- Check for damaged utility lines. ONLY shut off gas if you detect a gas leak. Evacuate, leave doors open, then report to authorities.
- Shut off water at house to protect your supply.
- Check on your neighbors.
- Listen to radio/TV for emergency information



FOLD FOLD FOLD FOLD FOLD

FEMA—Federal Emergency Management Agency  
[www.fema.gov](http://www.fema.gov) • 1.800.621.3362

American Red Cross Safe and Well  
Register to let family and friends know you are okay:  
<https://safeandwell.communityos.org>

Pierce County information:  
[www.piercecountywa.org/DEM](http://www.piercecountywa.org/DEM) • 253.798.6595

**ONLY CALL 9-1-1 for life threatening situations**

My Phone \_\_\_\_\_

My Cell/Text \_\_\_\_\_

### INSURANCE INFORMATION

Home Policy # \_\_\_\_\_

Phone \_\_\_\_\_

Life Policy # \_\_\_\_\_

Phone \_\_\_\_\_

Medical Policy # \_\_\_\_\_

Phone \_\_\_\_\_

Dental Policy # \_\_\_\_\_

Phone \_\_\_\_\_

Auto Policy # \_\_\_\_\_

Phone \_\_\_\_\_

Other \_\_\_\_\_ Policy # \_\_\_\_\_

Phone \_\_\_\_\_

### OTHER IMPORTANT PHONE NUMBERS

Power \_\_\_\_\_ Gas/Oil \_\_\_\_\_

Water \_\_\_\_\_ Sewer \_\_\_\_\_

Names and phone numbers of people to notify:

Name \_\_\_\_\_ # \_\_\_\_\_

Name \_\_\_\_\_ # \_\_\_\_\_

Name \_\_\_\_\_ # \_\_\_\_\_