

Parent Coalitions

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Whatcom County	(360) 715-0170
Beverly Porter	beverlyp@arcwhatcom.org
Yakima County	(509) 453-4756
Linda Fox	arcofyakimacounty@gmail.com

PAVE (Partnerships for Action, Voices for Empowerment)

Toll-free (800) 572-7368
pave@wapave.org

Self-Advocacy Organizations

King County Self Advocates (206) 545-7055

People First

Toll-free (800) 758-1123
pfow@clarkston.com

Self Advocates of Washington

(253) 571-8665

Spina Bifida Association of WA

Toll-free (888) 289-3702
sbaws@yahoo.com

Tourettes Syndrome

(206) 621-2108
tsawashingtonchapter@yahoo.com

Washington State Father's Network

greg.schell@kinder.org (425) 747-4004
ext. 4286

WithinReach (Healthy Mothers, Healthy Babies)

Toll-free (800) 322-2588
www.Parenthelp123.org

This brochure is sponsored by:



The Arc of Washington State

1-888-754-8798
www.arcwa.org



The Washington State Developmental Disabilities Council

1-800-634-4473
www.ddc.wa.gov

A Guide to Local Information and Referral Resources for Individuals with Developmental Disabilities and Their Families



Parent-to-Parent Support Programs

Toll-free state office (800) 821-5927
statep2p@earthlink.net

PIERCE/KING REGION

King - English (206) 829-7039
cmurahashi@arcokingcounty.org
Español (206) 364-6337, ext. 7043
Pierce (253) 565-2266
mmlehosky@wapave.org

NORTHWEST REGION

Skagit (360) 416-7570, ext. 401
p2p@sparckids.org
Español (360) 416-7570, ext. 414
Snohomish (425) 258-2459
Jamie@arcsno.org
Español (425) 258-2459, ext. 106
Whatcom (360) 255-2056
christine@p2pwhatcom.org
Español (360) 255-2056, ext. 2

SOUTHWEST REGION

Clark/Skamania (360) 823-2236
kathyw@arcoclarkcounty.org
Lewis (360) 880-0672
anaillon@reliableenterprises.org

PENINSULA REGION

Grays Harbor/Pacific (360) 537-7000
charlenem@arcgh.org
Español (360) 537-7000
Kitsap/Jefferson/Clallam (360) 377-3473
holly@arckj.org
Thurston/Mason (360) 352-1126
sheiser@ssp2p.org

CENTRAL REGION

Grant/Adams (509) 764-1424
jnewhouse@mlhc.org
Español (509) 765-5809, ext. 3317
Kittitas/Chelan/Douglas (509) 929-7277
rolftw@charter.net
Yakima (509) 574-3200
tracie.hoppis@yvmh.org
Español (509) 574-3200

EAST REGION

Benton/Franklin (509) 783-1131
arc_parenttoparent@yahoo.com
Español (509) 783-1131

Spokane/Lincoln/Whitman (509) 328-6326
hblack@arc-spokane.org
Walla Walla/Columbia/Garfield/Asotin
though@co.walla-walla.wa.us (509) 524-2920

SEATTLE CHILDREN'S (206) 987-1119
lawrie.williams@seattlechildrens.org

The Arc of Washington State

Toll-free (888) 754-8798
info@arcwa.org

Local Arc Chapters

Clark (360) 254-1562
darlah@arcoclarkcounty.org

Cowlitz Valley (360) 425-5494
mail@cowlitzarc.org

Grays Harbor (360) 537-7000
thearc@arcgh.org

Island/Skagit (304) 584-3272
arcofislandskagit@gmail.com

King County (206) 364-6337
clacefield@arcokingcounty.org

Kitsap/Jefferson (360) 377-3473
info@arckj.org

Pierce County (253) 589-2572
info@arcofpiercecouny.org

Snohomish County (425) 258-2459
info@arcsno.org

Spokane County (509) 328-6326
hblack@arc-spokane.org

Tri-Cities (509) 783-1131
Whatcom (360) 715-0170
admin@arcwhatcom.org

Yakima County (509) 453-4756
arcofyakimacounty@gmail.com

Autism Outreach Project

Toll-free (888) 704-9633
pyates@nwesd.org

Autism Society of Washington

Toll-free (888) 279-4968
info@autismsocietyofwa.org

Brain Injury Association of Washington

Toll-free (877) 824-1766
helpline@braininjurywa.org

CHADD Northwest Chapter

seattle@chadd.net (800) 233-4050

Developmental Disabilities Council

Toll-free (800) 634-4473
eva.rooks@ddc.wa.gov

Disability Rights Washington

Toll-free (800) 562-2702
info@dr-wa.org

Down Syndrome Community of Puget Sound

(206) 527-2496
contact@downsyndromecommunity.org

Early Support for Infants & Toddlers

linda.jennings@del.wa.gov (360) 725-3500

Easter Seals Society of Washington

info@wa.easterseals.com (206) 281-5700

Education Ombudsman

OEOinfo@gov.wa.gov (866) 297-2597

Epilepsy Foundation Northwest

mail@epilepsynw.org (206) 547-4551

Family to Family Health Information Center

Toll-free (800) 572-7368
ifinholm@wapave.org

FAS Family Resource Institute

Toll-free (800) 999-3429

FEAT of Washington (Families for Effective Treatment of Autism)

featwa@featwa.org (206) 763-3373