

2012 Foothills Dash Registration Form

Name

M / F

Age (on race day)

Birth Date

Circle One

Address

City

State

Zip

Home Phone

Day Phone

Email Address

Circle Event:

1 Mile \$5 per person

5K \$15 or \$10/Youth 12 & Under (Fee by Feb. 21)
\$20 or \$10/Youth 12 & Under (Fee after Feb. 21)

10K \$15 or \$10/Youth 12 & Under (Fee by Feb. 21)
\$20 or \$10/Youth 12 & Under (Fee after Feb. 21)

T-Shirts (long sleeved): Additional \$15

Circle Shirt Size: **Youth - S M L**

Adult - S M L XL

Select Payment:

Cash Check # _____ Visa MC Exp. Date ___/___/___
_____/_____/_____

Waiver

For and in consideration of permission to participate in the recreation activity, I the undersigned participant (if over age 18) or parent or guardian (if participant is under 18) completely release and agree to indemnify and hold Pierce County and its employees, its hired or contracted instructors and any other person, volunteers or organizations affiliated with Pierce County in connection with this recreation activity harmless from and against any and all liability for any injury or damage from negligence or otherwise which may be suffered by the participant arising out of or in any way connected with this recreation activity. I realize that recreation activities have an inherent risk of physical injury. If the participant has any physical ailments or conditions which might affect his/her health by participating in the activity, I have consulted a physician or other medical authority and received permission to participate. I understand that photographs/videos taken of Parks and Recreation Programs may be used by the Department of Parks and Recreation for promoting our programs, classes, events, in print, tv, or on the website.

Signed by Participant or Parent if under 18

Date



Send form and payment to:

Pierce County Parks & Recreation
9112 Lakewood Drive SW
Lakewood, WA 98499
253-582-7461 (fax)