Aging & Disability Resources

❖ Mission
To ensure access to services and supports promoting community living for older adults, persons with disabilities and their caregivers

❖ Vision
A livable Pierce County for persons of all ages, abilities and communities
Age-Friendly Communities

Eight Domains of Livability for Age-friendly Communities

World Health Organization
Purpose of the Area Plan

What is the Plan about?

- Local needs and long term service gaps
- Community input on preferred services
- Funding priorities for long term services and supports
- Goals and objectives to improve the local long term services network
- Areas for focused advocacy
- Report on accomplishments
Community Input

Assessing Pierce County Needs

- Community Forum
- Community Survey / Needs Assessment
- Local, State & National Data
- Program Monitoring Outcomes
- Key Informant / Stakeholder Input
Community Input

- **Aging into the Future** (PechaKucha) – March 23, 2019
  - 200+ community participants*
  - Key themes & responses:
    - **Built Environment:**
      - Housing - Universal design, ADA accessible, affordable
      - Transportation – Free / reduced cost public transit
    - **Long Term Conditions:**
      - Family caregiving
    - **Personal Wellness:**
      - Physical and emotional health
    - **Safety:**
      - Financial scams
    - **Economic Security:**
      - Support Services

*SNAP SHOT:*
- 52% 60+ yrs old
- 49% suburban
- 14% rural
- 22% disabled
- 27% 60+ / not working
- 3% speak other than English
Community Input

- **Online, paper & in-person survey - June 2019**
- **932 respondents**
  - Essential / Very Important Services:
    - Information
    - Help to access
    - Special transportation
  - Older Adults – Top 3 Needs:
    - Food
    - Health Care
    - Transportation
  - Adults with Disabilities – Top 3 Needs:
    - Food
    - Health Care
    - Housing
- Informal / Family Caregivers – Top 3 Needs:
  - Information / Help to access
  - Emotional support
  - Help with caregiving tasks
- Invest More:
  - Volunteer Transportation
  - In-Home Personal Care
  - Senior Meal Site Programs

**SNAPSHOT:**
- 82% 60+ yrs old
- 73% female
- 37% non-White
- 48% disabled
- 37% family caregivers
- 19% veterans
- 52% low income

Community Survey / Needs Assessment
Community Input

**Case Management Focus Groups (3) – June 24 & 27, 2019**

- 23 ADR Direct Service staff*
  - Older Adults / Adults with Disabilities – Top 3 Needs:
    - Affordable Housing
    - Transportation
    - Mental Health Care
  - Informal / Family Caregivers – Top 3 Needs:
    - Respite
    - Support Groups
    - Counseling
  - Barriers to Access:
    - Knowledge of services / supports
    - Technology
    - Transportation
  - Invest More:
    - Transportation
    - Housing-related assistance
    - Culturally inclusive services

*SNAP SHOT:*
- 8 General & Family Caregiver CMs
- 14 Medicaid CMs
- 6 Bilingual CMs
Community Input

- **LGBTQ Aging in Pierce County** Town Hall – March 17, 2018
  - 52 participants*
  - Roundtables:
    - Health, Wellness and Health Care
    - Housing and Transportation
    - Caregiving, Long-Term Care and Financial Planning
    - Ethnic and Cultural Inclusivity
    - Social Engagement

- **SAGE Table Conversations (3)** – Nov. 8, 2018, Feb. 19 & Jun. 25, 2019
  - 22 participants* ave / event
  - Themes:
    - Isolation / Loneliness
    - Activism
    - 50 Years of Stonewall

*SNAP SHOT:
- LGBTQ+ or Ally

Key Informant / Stakeholder Input
Prioritizing Discretionary Funds
Criteria for Prioritizing

- Does it reach the priority/target populations?
  - Low income
  - Physical or mental disabilities
  - Alzheimer’s / dementia or other cognitive impairments
  - Limited English / language barriers
  - Homebound / isolated
  - Culturally or socially isolated
  - At risk of institutional placement
Criteria for Prioritizing

➢ Does it meet a basic need?
  • Food
  • Shelter
  • Physical / emotional health
  • Safety
  • Assistance with normal daily tasks
Criteria for Prioritizing

➢ Does it also . . .

• support a person’s ability to remain at home as long as possible?
• fill a service gap in the community?
• help accomplish Area Plan Goals and Objectives?
• promote healthy lifestyle choices?
• help avoid use of higher cost services?
## Local Service Priorities

<table>
<thead>
<tr>
<th>Level One</th>
<th>Level Two</th>
<th>Level Three</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Aging &amp; Disability Resource Center (ADRC), including Community Living Program</td>
<td>1. Footcare Services</td>
<td>1. Legal Aid Services</td>
</tr>
<tr>
<td>2. Case Management</td>
<td>2. Counseling Services</td>
<td>2. Evidence-based dementia intervention</td>
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<tr>
<td>4. Home Delivered Meals</td>
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<td>4. LTC Ombudsman</td>
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<td>5. Senior Mealsites</td>
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<tr>
<td>6. Transportation</td>
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<tr>
<td>7. Falls Prevention</td>
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<tr>
<td>8. LGBTQ Services</td>
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</tbody>
</table>
2020-2023 Goals & Objectives
Overview

Central Themes:
- Healthy Aging
- Delaying Entry into Medicaid Services
- Person-Centered Home & Community Based Services
- Tribal Sovereignty – Services for Older Native Americans

Must Address:
- Outreach / engagement to target populations
- Supports for family caregivers
- Evidence based programming
- Person-centered practices & program development
- Tribal engagement & service planning
## Local Priority Issue Areas

<table>
<thead>
<tr>
<th>Built Environment*</th>
<th>Community &amp; Health Support*</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Transportation</td>
<td>• Information &amp; Access</td>
</tr>
<tr>
<td>• Housing</td>
<td>• Nutrition</td>
</tr>
<tr>
<td></td>
<td>• Health Promotion</td>
</tr>
<tr>
<td></td>
<td>• Emotional Support / Mental Health</td>
</tr>
<tr>
<td></td>
<td>• Other Caregiver Supports</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Social Environment*</th>
<th>Older Native Americans</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Diversity / Equity / Inclusion</td>
<td>• Tribal Engagement / Service Planning</td>
</tr>
</tbody>
</table>

*Age-Friendly Communities Domains (WHO)
2018-2019 Progress
# Activities & Accomplishments

<table>
<thead>
<tr>
<th>Issue Area</th>
<th>Primary Focus</th>
<th>2018-19 Highlights</th>
</tr>
</thead>
</table>
| Long Term Services & Supports (LTSS)| • Medicaid Case Management  
• Person-centered care  
• Medicaid LTSS contracts  
• Medicaid Transformation Demonstration (MTD) | • Added language-specific Case Management capacity (Korean, Russian)  
• Added MTD Case Management staff |
| Delay of Medicaid LTSS              | • ADRC / Community Living Connections  
• Person-centered Options Counseling  
• Family Caregiver Supports  
• Alzheimer’s / Dementia Supports  
• Evidence-based Health Promotion  
• MTD Medicaid Alternative Care (MAC) / Targeted Supports for Older Adults (TSOA) | • Launched major Family Caregiver outreach campaign  
• Added ADRC / Family Caregiver Support language / cultural capacity (Korean, Cambodian)  
• Expanded evidence-based falls prevention programs |
## Activities & Accomplishments

<table>
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<tr>
<th>Issue Area</th>
<th>Primary Focus</th>
<th>2018-19 Highlights</th>
</tr>
</thead>
<tbody>
<tr>
<td>Service Integration &amp; Systems</td>
<td>• Health Home Care Coordination Services&lt;br&gt;• Statewide health system</td>
<td>• Became a Health Home Lead for Pierce&lt;br&gt;• Participated in Pierce County&lt;br&gt;</td>
</tr>
<tr>
<td>Coordination</td>
<td>transformation&lt;br&gt;• MTD Initiatives</td>
<td>Accountable Community of Health meetings&lt;br&gt;• Continued outreach to the Puyallup&lt;br&gt;</td>
</tr>
<tr>
<td></td>
<td>• Puyallup Tribe of Indians coordination&lt;br&gt;• Information / resource sharing</td>
<td>Tribe Elder &amp; Vulnerable Adult Services program&lt;br&gt;</td>
</tr>
<tr>
<td></td>
<td>• State-mandated 7.01 Plan</td>
<td></td>
</tr>
<tr>
<td>Older Native Americans</td>
<td>• Transportation access&lt;br&gt;• Food security&lt;br&gt;• Affordable / accessible</td>
<td>• Increased investment in transportation&lt;br&gt;• Implemented home delivered meals&lt;br&gt;</td>
</tr>
<tr>
<td></td>
<td>housing&lt;br&gt;• MTD Supportive Housing</td>
<td>services expansion project&lt;br&gt;• Coordinated with Pierce Co. Homeless Coalition and&lt;br&gt;</td>
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<tr>
<td></td>
<td></td>
<td>Coordinated Entry System&lt;br&gt;• Expanded access to minor home repair services</td>
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<tr>
<td>Livable Communities</td>
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</tbody>
</table>
2020 Proposed Budget
2020 Fiscal Considerations

- **Federal Sequestration** – with signing of the Bipartisan Budget Act of 2019, continued threat of strict automatic spending caps for non-defense, discretionary programs - including the Older Americans’ Act - expires; modest increases are anticipated for Fiscal Year 2020

- **Medicaid Transformation Demonstration** – projected increase in Federal demonstration funds received due to anticipated growth in the MTD caseload

- **Medicaid Caseload Growth** – projected increase in Medicaid funds to address anticipated growth in the Medicaid LTSS client caseload

- **Health Home Care Coordination** – projected increase due to caseload growth

- **State Revenues** – received one-percent increase in State funds for AAA Case Management for State Fiscal Year 2020, and continued funding for the expansion of home delivered meals
## 2020 Projected Revenues

<table>
<thead>
<tr>
<th>TOTAL Revenues</th>
<th>2019 Total Revenue (includes carry-over &amp; transfers)</th>
<th>2020 Projected Revenue</th>
<th>Net Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Subtotal - DISCRETIONARY</td>
<td>$3,198,567</td>
<td>$2,935,944</td>
<td>($263,623)</td>
</tr>
<tr>
<td>Subtotal – NON-DISCRETIONARY</td>
<td>$16,150,428</td>
<td>$17,446,327</td>
<td>$1,295,899</td>
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<tr>
<td>GRAND TOTAL</td>
<td>$19,348,995</td>
<td>$20,382,271</td>
<td>$1,033,276</td>
</tr>
</tbody>
</table>
2020 Family Caregiver Support

Est: 8,000 persons to be served

- **Support Services**: $40,300
- **Information Services**: $241,977
- **MTD**: $376,070
- **Respite**: $591,591
- **Access Assistance**: $342,488
- **Supplemental Services**: $41,567
- **RDAD**: $7,270

- **MTD, $376,070**
- **Information Services, $241,977**
- **Support Services, $40,300**
- **Respite, $591,591**
- **Access Assistance, $342,488**
- **Supplemental Services, $41,567**
- **RDAD, $7,270**
2020 Aging & Disability Resource Center

Aging & Disability Resource Center, $813,035

Community Living Program, $70,430

MIPPA, $13,312

Senior Prescription Drug Education, $17,668

Est: 19,130 persons to be served
2020 Senior Nutrition Programs

- Home Delivered Meals, $416,136
- Senior Mealsites, $1,061,369
- Nutrition Services Incentive Program, $158,418
- Nutrition Education, $17,440
- Senior Farmers Market Nutrition Program, $73,800

Est: 7,100 persons to be served
2020 Transportation Programs

- Volunteer Transportation, $29,100
- Mealsite Transportation, $35,000

Est: 180 persons to be served
2020 Health Promotion/Disease Prevention

- Senior Foot Care, $64,680
- Falls Prevention (SAIL/TJQMBB/Enhance Fitness), $62,857
- Older Adult Counseling Services, $129,000

Est: 765 persons to be served
2020 Case Management & Nursing Services

- Medicaid Case Management, $11,408,766
- Veterans Project, $30,000
- Health Home Care Coordination, $1,359,680

Est: 7,560 persons to be served
2020 Kinship Caregiver Support

- State Kinship Caregiver Support Program, $131,870
- Nat'l Family Caregiver Support, $32,843
- State Kinship Navigator Program, $79,426

Est: 805 persons to be served
2020 Other Services

- Adult Day Services, $32,800
- Senior Centers, $500,000
- Long Term Care Ombudsman, $153,378
- Legal Assistance, $129,250
- Caregiver Conference, $10,000
- Older LGBT Programs, $7,800

Est: 5,560 persons to be served
2020 Total Proposed Budget

Administration / Contract Mgt
Planning & Coordination
$1,908,520
(9.35%)

Direct Services
$18,500,180
(90.65%)
Public Comment

Questions to Consider:

- Does the Area Plan address the most critical issues impacting Pierce County?
- Has ADR made the right decisions about funding of programs / services?
- Should ADR consider any other collaborative partnerships to help us meet Area Plan goals?
- Do you have any other recommendations?
Thank you!

Written Comments due by Sept. 16, 2019

Attention: Connie Kline, Social Services Supervisor
1305 Tacoma Avenue South, Suite 104,
Tacoma, WA 98402

connie.kline@piercecountywa.gov
Fax: (253) 798-2839